

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
1	00282	<b>CDELMAR A</b>	CDELMAR		34,0	2:02.02
		1 GALLARDO DE ARTAZA MARIA	1995	50' - 30.04'		
				30.04'		
		2 GONZALEZ EIROA IRENE	1997	100' - 1:01.82'		
				31.78'		
		3 ZAS VAZQUEZ ALICIA	1993	150' - 1:30.54'		
				28.72'		
		4 ABAD ROSILLO MELANI	1992	200' - 2:02.02'		
				31.48'		
2	P1107	<b>CLUB NATACION VILAGARCIA SOC A</b>	CNVILAG		28,0	2:04.93
		1 VIEITEZ PORTO MYRIAM	1988	50' - 30.39'		
				30.39'		
		2 GONZALEZ TARRIO SILVIA	1990	100' - 1:05.60'		
				35.21'		
		3 FALKENHAIN LOPEZ TANIA	1993	150' - - - - -		
		4 GARCIA MARIN CRISTINA	1990	200' - 2:04.93'		
				2:04.93'		
3	P1112	<b>ARZUA A</b>	ARZUA		24,0	2:06.46
		1 VILLAR PAZ ANTIA	1996	50' - 31.82'		
				31.82'		
		2 SOUTO ALONSO LARA	1997	100' - 1:04.10'		
				32.28'		
		3 COTON VAZQUEZ DIANA	1995	150' - 1:36.70'		
				32.60'		
		4 VAZQUEZ GARCIA ADELA	1993	200' - 2:06.46'		
				29.76'		
4	00282	<b>CDELMAR B</b>	CDELMAR		22,0	2:10.16
		1 VEIGA SOUTO MARIA	1996	50' - 30.95'		
				30.95'		
		2 HERNAEZ RICOR ANDREA	1996	100' - 1:03.71'		
				32.76'		
		3 ROBLES VIQUEIRA IRIA	1996	150' - 1:40.62'		
				36.91'		
		4 GOMEZ TEIJO SILVIA	1994	200' - 2:10.16'		
				29.54'		
5	P1112	<b>ARZUA B</b>	ARZUA		20,0	2:19.23
		1 VILLAR PAZ ANDREA	1995	50' - 31.92'		
				31.92'		
		2 VEIGA NIETO LIDIA	1997	100' - 1:09.45'		
				37.53'		
		3 SENIN GARCIA ALICIA	1997	150' - 1:45.60'		
				36.15'		
		4 SENIN MOURIÑO ANTIA	1997	200' - 2:19.23'		
				33.63'		

 RT: Retirado      DES: Descualificado  
 NP: Non presentado      BAJ: Baixa

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
6	00837	<b>CNMONFORTE</b>	MOLEMOS		18,0	2:19.29
		1 CASAR COCHETEUX CLARA	1994	50' - 30.86'		
				30.86'		
		2 PEREZ MANOLINI ANAHI	1993	100' - 1:09.10'		
				38.24'		
		3 CARBON PRADO PATRICIA	1996	150' - 1:45.57'		
				36.47'		
		4 GONZALEZ LUACES TAMARA	1997	200' - 2:19.29'		
				33.72'		
7	P1108	<b>CNMOS A</b>	CNMOS		16,0	2:19.92
		1 MORGADAS IGLESIAS ANA CRISTINA	1994	50' - 29.80'		
				29.80'		
		2 CAMPO GOMEZ CINTIA	1994	100' - 2:06.83'		
				1:37.0'		
		3 ALONSO BARCIELA PAULA	1997	150' - 1:42.36'		
				0.00'		
		4 SILVEIRA LOUREIRO MARIA	1995	200' - 2:19.92'		
				37.56'		
8	00719	<b>CNALBATROS</b>	ALBATRO		14,0	2:27.39
		1 PARDO PIÑON MARTA	1995	50' - 36.76'		
				36.76'		
		2 JANUARIO QUIZA CATARINA	1997	100' - 1:13.32'		
				36.56'		
		3 FRANCO GACIO ANAHIR	1997	150' - 1:50.36'		
				37.04'		
		4 VAZQUEZ IGLESIAS ISABEL	1997	200' - 2:27.39'		
				37.03'		
9	P1107	<b>CLUB NATACION VILAGARCIA SOC B</b>	CNVILAG		12,0	2:37.51
		1 CRESPO DOMINGUEZ SABELA	1996	50' - 37.00'		
				37.00'		
		2 LOPEZ PIÑEIRO CARLA	1996	100' - 1:19.89'		
				42.89'		
		3 MEDA HERBOJO SUSANA	1995	150' - 1:55.64'		
				35.75'		
		4 OZORES GAGO CARMEN	1997	200' - 2:37.51'		
				41.87'		
10	P1108	<b>CNMOS B</b>	CNMOS		10,0	2:40.46
		1 RODRIGUEZ BARCIELA LUCIA	1994	50' - 40.65'		
				40.65'		
		2 SOLIÑO CASTRO SELENE	1996	100' - 1:21.27'		
				40.62'		
		3 RODRIGUEZ BARCIELA MARTA	1997	150' - 2:02.76'		
				41.49'		
		4 JORGE BASTOS MARIA	1996	200' - 2:40.46'		
				37.70'		

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 BAJ: Baixa

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**MONFORTE**
**06/01/2010**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
1	P1107	<b>CLUB NATACION VILAGARCIA SOC A</b>	CNVILAG		34,0	1:48.36
		1 MARTINEZ SERRAPIO ANXO	1995	50 - - - 27.20 27.20		
		2 FALKENHAIN LOPEZ DANIEL	1991	100 - - - 55.89 28.69		
		3 ABAL MOURIÑO DIEGO	1991	150 - - - 1:21.39 25.50		
		4 TENORIO FREIRE MARTIN	1992	200 - - - 1:48.36 26.97		
2	00282	<b>CDELMAR A</b>	CDELMAR		28,0	1:54.00
		1 BOCELO BELLAS PABLO	1993	50 - - - 25.45 25.45		
		2 CACERES LOPEZ IVAN	1987	100 - - - 54.45 29.00		
		3 GARCIA MERA RODRIGO	1992	150 - - - 1:24.60 30.15		
		4 CASTRO VILLAR DAVID	1991	200 - - - 1:54.00 29.40		
3	P1107	<b>CNVILAGARCIA B</b>	CNVILAG		24,0	1:55.14
		1 REVILLA NEBREDA DAVID	1994	50 - - - 29.70 29.70		
		2 VIEITEZ PORTO ISMAEL	1992	100 - - - 57.87 28.17		
		3 VAZQUEZ-LESCAILLE LOPES M.	1991	150 - - - 1:24.75 26.88		
		4 RODRIGUEZ PARADA ROBERTO	1993	200 - - - 1:55.14 30.39		
4	P1112	<b>ARZUA A</b>	ARZUA		22,0	1:57.10
		1 REY RODRIGUEZ JOSE RAMON	1994	50 - - - 26.02 26.02		
		2 TORREIRO ALVAREZ MARCOS	1993	100 - - - 59.22 33.20		
		3 VAZQUEZ GARCIA MARTIN	1995	150 - - - 1:30.76 31.54		
		4 MARTINEZ CASTRO PEDRO	1993	200 - - - 1:57.10 26.34		
5	P1104	<b>CNSALNES</b>	CNSALNES		20,0	1:57.20
		1 DOMINGUEZ PEREZ LUIS	1994	50 - - - 28.70 28.70		
		2 TRIGO BAULO MIGUEL	1994	100 - - - 1:00.36 31.66		
		3 PARADA PEREZ ADRIAN	1993	150 - - - 1:30.36 30.00		
		4 TRIGO CASTRO CARLOS	1993	200 - - - 1:57.20 26.84		

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**FEDERACIÓN  
GALEGA DE  
NATAción**

**XUNTA DE GALICIA**  
 PRESIDENCIA  
 Secretaría Xeral para o Deporte

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

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**MONFORTE**
**06/01/2010**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
6	00719	<b>CNALBATROS</b>	ALBATRO		18,0	2:00.60
		1 LOROÑO GARCIA AUGUSTO	1991	50' - 27.82'		
				27.82'		
		2 SANCHEZ DOMINGUEZ FRANCISCO	1991	100' - 58.23'		
				30.41'		
		3 SOUTO BERGONDO DIEGO	1996	150' - 1:30.13'		
				31.90'		
		4 BOUZA BERNARDEZ PABLO	1993	200' - 2:00.60'		
				30.47'		
7	P1108	<b>CNMOS</b>	CNMOS		16,0	2:02.77
		1 DAVILA SILVA ALEJANDRO	1992	50' - 29.45'		
				29.45'		
		2 GARCIA GONZALEZ CARLOS	1996	100' - 1:00.58'		
				31.13'		
		3 GUIRADO RODRIGUEZ YAGO	1994	150' - 1:31.68'		
				31.10'		
		4 RODRIGUEZ DEL RIO ADRIAN	1996	200' - 2:02.77'		
				31.09'		
8	00837	<b>CNMONFORTE A</b>	MOLEMOS		14,0	2:02.88
		1 RODRIGUEZ ESTEVEZ SANTIAGO	1996	50' - 31.27'		
				31.27'		
		2 FROUFE LAGOA LUCAS	1995	100' - 1:03.68'		
				32.41'		
		3 VILA PULIDO ROI	1991	150' - 1:32.00'		
				28.32'		
		4 GARCIA TEJERO MARCO ANTONIO	1995	200' - 2:02.88'		
				30.88'		
9	00282	<b>CDELMAR B</b>	CDELMAR		12,0	2:08.32
		1 LAMAS RODRIGUEZ JOSE	1995	50' - 30.07'		
				30.07'		
		2 LAMAS RODRIGUEZ MARIO	1995	100' - 1:00.01'		
				29.94'		
		3 RODRIGUEZ RIAL PABLO	1996	150' - 1:30.00'		
				29.99'		
		4 HERVADA PRESEDO PABLO	1996	200' - 2:08.32'		
				38.32'		
10	00837	<b>CNMONFORTE B</b>	MOLEMOS		10,0	2:18.81
		1 LOPEZ FREAN RUBEN	1993	50' - 35.95'		
				35.95'		
		2 OTERO REY ADRIAN	1993	100' - 1:12.35'		
				36.40'		
		3 RODRIGUEZ CASTAÑO JUAN JOSE	1995	150' - 1:48.79'		
				36.44'		
		4 CORTIÑAS GONZALEZ DAVID	1994	200' - 2:18.81'		
				30.02'		

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**MONFORTE**
**06/01/2010**
**33 - 800 LIBRE FEMENINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado				
1	047435160	<b>GALLARDO DE ARTAZA MARIA</b>	1995	CDELMAR		17,0					
50	32.36	100 1:08.45	150	200 2:22.48	250	300 3:36.30	350	400 4:51.08	450	500 6:06.54	9:53.07
	32.36	36.09		:22.48		:36.30		:51.08		:06.54	
550		600 7:22.61	650	700 8:38.48	750	800 9:53.07					
		:22.61		:38.48		:53.07					
2	047386321	<b>GONZALEZ EIROA IRENE</b>	1997	CDELMAR		14,0					
50	34.86	100 1:12.36	150	200 2:28.67	250	300 3:45.33	350	400 5:04.02	450	500 6:22.57	10:15.57
	34.86	37.50		:28.67		:45.33		:04.02		:22.57	
550		600 7:41.48	650	700 8:58.92	750	800 10:15.57					
		:41.48		:58.92		:15.57					
3	991120657	<b>VAZQUEZ GARCIA ADELA</b>	1993	ARZUA		12,0					
50	32.48	100 1:08.42	150	200 2:25.20	250	300 3:43.14	350	400 5:03.48	450	500 6:24.23	10:24.48
	32.48	35.94		:25.20		:43.14		:03.48		:24.23	
550		600 7:44.20	650	700 9:04.77	750	800 10:24.48					
		:44.20		:04.77		:24.48					
4	991120966	<b>VILLAR PAZ ANTIA</b>	1996	ARZUA		11,0					
50	34.73	100 1:14.16	150	200 2:34.82	250	300 3:55.57	350	400 5:17.00	450	500 6:38.23	10:38.36
	34.73	39.43		:34.82		:55.57		:17.00		:38.23	
550		600 7:59.02	650	700 9:20.45	750	800 10:38.36					
		:59.02		:20.45		:38.36					
5	045719056	<b>VAZQUEZ IGLESIAS ISABEL</b>	1997	ALBATRO		10,0					
50	37.67	100 1:42.57	150	200 2:42.67	250	300 3:46.27	350	400 5:47.23	450	500 7:18.51	11:55.07
	37.67	:04.90		:42.67		:46.27		:47.23		:18.51	
550		600 8:53.76	650	700 10:24.60	750	800 11:55.07					
		:53.76		:24.60		:55.07					
6	034719041	<b>PARDO PIÑON MARTA</b>	1995	ALBATRO		9,0					
50	40.26	100 1:24.36	150	200 2:55.42	250	300 4:28.33	350	400 4:28.33	450	500 7:34.35	12:11.80
	40.26	44.10		:55.42		:28.33		:28.33		:34.35	
550		600 9:08.42	650	700 10:12.11	750	800 12:11.80					
		:08.42		:12.11		:11.80					
7	035600035	<b>MEDA HERBOJO SUSANA</b>	1995	CNVILAG		8,0					
50	40.42	100 1:26.84	150	200 3:03.50	250	300 3:03.58	350	400 6:16.54	450	500 7:52.42	13:33.53
	40.42	46.42		:03.50		:03.58		:16.54		:52.42	
550		600 9:28.74	650	700 11:04.14	750	800 13:33.53					
		:28.74		:04.14		:33.53					
8	035599193	<b>CRESPO DOMINGUEZ SABELA</b>	1996	CNVILAG		7,0					
50	41.42	100 1:29.46	150	200 3:11.52	250	300 4:55.56	350	400	450	500	13:35.91
	41.42	48.04		:11.52		:55.56					
550		600 9:21.33	650	700 10:04.50	750	800 13:35.91					
		:21.33		:04.50		:35.91					
9	039469364	<b>RODRIGUEZ BARCIELA LUCIA</b>	1994	CNMOS		6,0					
50	43.02	100 1:35.42	150	200 3:21.29	250	300 5:09.36	350	400 6:58.45	450	500 8:49.76	14:14.26
	43.02	52.40		:21.29		:09.36		:58.45		:49.76	
550		600 10:40.00	650	700 12:28.07	750	800 14:14.26					
		:40.00		:28.07		:14.26					

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**
**33 - 800 LIBRE FEMENINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado				
10	035582422	SOLIÑO CASTRO SELENE	1996	CNMOS		5,0					
50	43.42	100 1:35.36	150	200 3:22.64	250	300 5:11.86	350	400 7:08.85	450	500 8:52.32	14:31.39
	43.42	51.94		:22.64		:11.86		:08.85		:52.32	
550		600 10:42.32	650	700 12:32.80	750	800 14:31.39					
		:42.32		:32.80		:31.39					

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**
**34 - 200 LIBRE MASCULINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	991120663	MARTINEZ CASTRO PEDRO	1993	ARZUA		17,0	
		50 28.16   100 59.39   200 2:02.20   28.16   31.23   :02.81					2:02.20
2	035487465	TRIGO CASTRO CARLOS	1993	CNSALNES		14,0	
		50 29.32   100 1:01.70   200 2:07.73   29.32   32.38   :06.03					2:07.73
3	077411157	TENORIO FREIRE MARTIN	1992	CNVILAG		12,0	
		50 28.62   100 1:00.98   200 2:08.51   28.62   32.36   :07.53					2:08.51
4	048110722	BOCELO BELLAS PABLO	1993	CDELMAR		11,0	
		50 28.69   100 1:01.36   200 2:11.04   28.69   32.67   :09.68					2:11.04
5	077463489	VIEITEZ PORTO ISMAEL	1992	CNVILAG		10,0	
		50 30.57   100 1:05.23   200 2:17.48   30.57   34.66   :12.25					2:17.48
6	054126898	LOROÑO GARCIA AUGUSTO	1991	ALBATRO		9,0	
		50 30.82   100 1:06.57   200 2:20.70   30.82   35.75   :14.13					2:20.70
7	033544175	CACERES LOPEZ IVAN	1987	CDELMAR		8,0	
		50 30.36   100 1:05.26   200 2:20.89   30.36   34.90   :15.63					2:20.89
8	079340139	BOUZA BERNARDEZ PABLO	1993	ALBATRO		6,5	
		50 32.76   100 1:10.73   200 2:29.39   32.76   37.97   :18.66					2:29.39
8	053183223	DAVILA SILVA ALEJANDRO	1992	CNMOS		6,5	
		50 31.64   100 1:08.29   200 2:29.39   31.64   36.65   :21.10					2:29.39
10	034276355	LOPEZ FREAN RUBEN	1993	MOLEMOS		5,0	
		50 34.64   100 1:25.36   200 2:40.54   34.64   50.72   :15.18					2:40.54
11	035485021	NIETO DIOS MIGUEL	1995	CNSALNES		4,0	
		50 35.08   100 1:15.84   200 2:47.77   35.08   40.76   :31.93					2:47.77
12	991123865	RODRIGUEZ ESTEVEZ SANTIAGO	1996	MOLEMOS		3,0	
		50 36.83   100 46.59   200 3:03.58   36.83   9.76   :16.99					3:03.58
13	053818786	GUIRADO RODRIGUEZ YAGO	1994	CNMOS		2,0	
		50 36.23   100 1:22.02   200 3:06.91   36.23   45.79   :44.89					3:06.91
14	991120964	VAZQUEZ GARCIA MARTIN	1995	ARZUA		1,0	
		50 33.60   100 1:11.92   200 3:29.67   33.60   38.32   :17.75					3:29.67
	053116369	ABAL MOURIÑO DIEGO	1991	CNVILAG		0,0	
							BAJ

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**MONFORTE**
**06/01/2010**
**35 - 100 BRAZA FEMENINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	054127558	VEIGA SOUTO MARIA	1996	CDELMAR		17,0	
		50' 39.92'	100'	1:25.80'			1:25.80
		39.92'		45.88'			
2	991122236	SENIN GARCIA ALICIA	1997	ARZUA		14,0	
		50' 43.35'	100'	1:27.68'			1:27.68
		43.35'		44.33'			
3	991120761	COTON VAZQUEZ DIANA	1995	ARZUA		12,0	
		50' 42.67'	100'	1:31.64'			1:31.64
		42.67'		48.97'			
4	039465173	JORGE BASTOS MARIA	1996	CNMOS		11,0	
		50' 43.34'	100'	1:31.80'			1:31.80
		43.34'		48.46'			
5	048118606	ROBLES VIQUEIRA IRIA	1996	CDELMAR		10,0	
		50' 43.29'	100'	1:33.02'			1:33.02
		43.29'		49.73'			
6	034275557	PEREZ MANOLINI ANAHI	1993	MOLEMS		9,0	
		50' 45.23'	100'	1:35.30'			1:35.30
		45.23'		50.07'			
7	035490458	FALKENHAIN LOPEZ TANIA	1993	CNVILAG		8,0	
		50' 44.82'	100'	1:37.51'			1:37.51
		44.82'		52.69'			
8	039453022	CAMPO GOMEZ CINTIA	1994	CNMOS		7,0	
		50' 43.26'	100'	1:40.56'			1:40.56
		43.26'		57.30'			
9	077461829	SANTILLAN NANIN M.T.	1992	CNSALNES		6,0	
		50' 47.04'	100'	1:40.94'			1:40.94
		47.04'		53.90'			
10	034276086	POZO RODRIGUEZ LUCIA	1995	MOLEMS		5,0	
		50' 46.63'	100'	1:44.14'			1:44.14
		46.63'		57.51'			
11	035599193	CRESPO DOMINGUEZ SABELA	1996	CNVILAG		4,0	
		50' 53.23'	100'	1:59.02'			1:59.02
		53.23'		:05.79'			
	054130672	FRANCO GACIO ANAHIR	1997	ALBATRO		0,0	DES
	991123443	BARCA DIEZ CLAUDIA	1994	ALBATRO		0,0	BAJ

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**
**36 - 100 BRAZA MASCULINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	991122328	REY RODRIGUEZ JOSE RAMON	1994	ARZUA		17,0	
		50' 32.70'	100' 1:09.36'				1:09.36
		32.70'	36.66'				
2	034273655	RODRIGUEZ CASTAÑO JUAN JOSE	1995	MOLEMOS		14,0	
		50' 33.18'	100' 1:12.81'				1:12.81
		33.18'	39.63'				
3	035490456	FALKENHAIN LOPEZ DANIEL	1991	CNVILAG		12,0	
		50' 36.13'	100' 1:18.20'				1:18.20
		36.13'	42.07'				
4	991121222	MONTERO CASTIÑEIRA JOSE MANUEL	1992	ALBATRO		11,0	
		50' 37.26'	100' 1:19.86'				1:19.86
		37.26'	42.60'				
5	077465390	REVILLA NEBREDA DAVID	1994	CNVILAG		10,0	
		50' 38.57'	100' 1:22.48'				1:22.48
		38.57'	43.91'				
6	036177479	GARCIA TEJERO MARCO ANTONIO	1995	MOLEMOS		9,0	
		50' 39.51'	100' 1:24.06'				1:24.06
		39.51'	44.55'				
7	991118951	PARADA PEREZ ADRIAN	1993	CNSALNES		8,0	
		50' 40.57'	100' 1:25.92'				1:25.92
		40.57'	45.35'				
8	035578405	GARCIA GONZALEZ CARLOS	1996	CNMOS		7,0	
		50' 40.11'	100' 1:27.86'				1:27.86
		40.11'	47.75'				
9	034719061	SOUTO BERGONDO DIEGO	1996	ALBATRO		6,0	
		50' 43.68'	100' 1:31.26'				1:31.26
		43.68'	47.58'				
10	047404804	LAMAS RODRIGUEZ MARIO	1995	CDELMAR		5,0	
		50' 41.89'	100' 1:31.39'				1:31.39
		41.89'	49.50'				
11	045861480	TORREIRO ALVAREZ MARCOS	1993	ARZUA		4,0	
		50' 43.32'	100' 1:33.36'				1:33.36
		43.32'	50.04'				
12	051998038	HERVADA PRESEDO PABLO	1996	CDELMAR		3,0	
		50' 44.86'	100' 1:37.02'				1:37.02
		44.86'	52.16'				
	035598680	TRIGO BAULO MIGUEL	1994	CNSALNES		0,0	DES
	077407189	RODRIGUEZ PARADA ROBERTO	1993	CNVILAG		0,0	BAJ
	000515923	DOUGHA KEVIN SINCLAIR	1993	CNMOS		0,0	BAJ

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**
**37 - 50 MARIPOSA FEMENINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	044084633	VIEITEZ PORTO MYRIAM	1988	CNVILAG		17,0	
	50	31.72					31.72
2	047404081	ZAS VAZQUEZ ALICIA	1993	CDELMAR		14,0	
	50	31.86					31.86
3	991120657	VAZQUEZ GARCIA ADELA	1993	ARZUA		12,0	
	50	32.48					32.48
4	077011915	MORGADAS IGLESIAS ANA CRISTINA	1994	CNMOS		11,0	
	50	33.51					33.51
5	077409397	GONZALEZ TARRIO SILVIA	1990	CNVILAG		10,0	
	50	35.86					35.86
6	047389419	ABAD ROSILLO MELANI	1992	CDELMAR		9,0	
	50	36.23					36.23
7	077461829	SANTILLAN NANIN M.T.	1992	CNSALNES		8,0	
	50	37.60					37.60
8	991120761	COTON VAZQUEZ DIANA	1995	ARZUA		7,0	
	50	38.48					38.48
9	076402407	CASAR COCHETEUX CLARA	1994	MOLEMOS		6,0	
	50	39.04					39.04
10	039453022	CAMPO GOMEZ CINTIA	1994	CNMOS		5,0	
	50	40.76					40.76
11	045719056	VAZQUEZ IGLESIAS ISABEL	1997	ALBATRO		4,0	
	50	42.20					42.20
12	034275557	PEREZ MANOLINI ANAHI	1993	MOLEMOS		3,0	
	50	42.80					42.80
13	991122251	JANUARIO QUIZA CATARINA	1997	ALBATRO		2,0	
	50	44.20					44.20

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**
**38 - 50 MARIPOSA MASCULINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	053116369	ABAL MOURIÑO DIEGO	1991	CNVILAG		17,0	
		50' 27.43'					27.43
		27.43'					
2	035487465	TRIGO CASTRO CARLOS	1993	CNSALNES		14,0	
		50' 28.74'					28.74
		28.74'					
3	991122328	REY RODRIGUEZ JOSE RAMON	1994	ARZUA		12,0	
		50' 30.16'					30.16
		30.16'					
4	077417464	DOMINGUEZ PEREZ LUIS	1994	CNSALNES		11,0	
		50' 30.26'					30.26
		30.26'					
5	991112162	SANCHEZ DOMINGUEZ FRANCISCO	1991	ALBATRO		10,0	
		50' 32.92'					32.92
		32.92'					
6	047404803	LAMAS RODRIGUEZ JOSE	1995	CDELMAR		9,0	
		50' 33.00'					33.00
		33.00'					
7	034719061	SOUTO BERGONDO DIEGO	1996	ALBATRO		8,0	
		50' 35.61'					35.61
		35.61'					
8	774165415	VAZQUEZ-LESCAILLE LOPES M.	1991	CNVILAG		7,0	
		50' 36.38'					36.38
		36.38'					
9	036177479	GARCIA TEJERO MARCO ANTONIO	1995	MOLEMOS		6,0	
		50' 37.06'					37.06
		37.06'					
10	077013767	RODRIGUEZ DEL RIO ADRIAN	1996	CNMOS		5,0	
		50' 38.51'					38.51
		38.51'					
11	034273938	VILA PULIDO ROI	1991	MOLEMOS		4,0	
		50' 39.15'					39.15
		39.15'					
	048110722	BOCELO BELLAS PABLO	1993	CDELMAR		0,0	DES
	077464431	MARTINEZ SERRAPIO ANXO	1995	CNVILAG		0,0	BAJ
	077407189	RODRIGUEZ PARADA ROBERTO	1993	CNVILAG		0,0	BAJ
	000515923	DOUGHA KEVIN SINCLAIR	1993	CNMOS		0,0	BAJ

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**
**39 - 200 ESPALDA FEMENINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	044084633	<b>VIEITEZ PORTO MYRIAM</b>	1988	CNVILAG		17,0	
		50 34.73   100 1:13.10   200 2:32.86					2:32.86
		34.73   38.37   :19.76					
2	047435160	<b>GALLARDO DE ARTAZA MARIA</b>	1995	CDELMAR		14,0	
		50 36.76   100 1:15.87   200 2:36.13					2:36.13
		36.76   39.11   :20.26					
3	991120944	<b>SOUTO ALONSO LARA</b>	1997	ARZUA		12,0	
		50 38.32   100 1:20.32   200 2:47.07					2:47.07
		38.32   42.00   :26.75					
4	047386321	<b>GONZALEZ EIROA IRENE</b>	1997	CDELMAR		11,0	
		50 38.97   100 1:21.60   200 2:48.67					2:48.67
		38.97   42.63   :27.07					
5	991122474	<b>SENIN MOURIÑO ANTIA</b>	1997	ARZUA		10,0	
		50 39.07   100 1:22.60   200 2:51.10					2:51.10
		39.07   43.53   :28.50					
6	991123866	<b>GONZALEZ LUACES TAMARA</b>	1997	MOLEMOS		9,0	
		50 43.39   100 1:32.23   200 3:09.57					3:09.57
		43.39   48.84   :37.34					
7	035608375	<b>SILVEIRA LOUREIRO MARIA</b>	1995	CNMOS		8,0	
		50 43.89   100 1:33.86   200 3:16.48					3:16.48
		43.89   49.97   :42.62					
8	991122251	<b>JANUARIO QUIZA CATARINA</b>	1997	ALBATRO		7,0	
		50 45.61   100 1:37.33   200 3:18.67					3:18.67
		45.61   51.72   :41.34					
9	034719041	<b>PARDO PIÑON MARTA</b>	1995	ALBATRO		6,0	
		50 48.16   100 1:39.66   200 3:24.91					3:24.91
		48.16   51.50   :45.25					
	039469365	<b>RODRIGUEZ BARCIELA MARTA</b>	1997	CNMOS		0,0	DES
	991123384	<b>OZORES GAGO CARMEN</b>	1997	CNVILAG		0,0	BAJ

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**
**40 - 200 ESPALDA MASCULINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	047402526	CASTRO VILLAR DAVID	1991	CDELMAR		17,0	
		50 34.00   100 1:13.23   200 2:34.81   34.00   39.23   :21.58					2:34.81
2	991118951	PARADA PEREZ ADRIAN	1993	CNSALNES		14,0	
		50 36.20   100 1:15.73   200 2:36.97   36.20   39.53   :21.24					2:36.97
3	077417464	DOMINGUEZ PEREZ LUIS	1994	CNSALNES		12,0	
		50 36.00   100 1:16.16   200 2:39.13   36.00   40.16   :22.97					2:39.13
4	991120964	VAZQUEZ GARCIA MARTIN	1995	ARZUA		11,0	
		50 37.89   100 1:19.39   200 2:42.78   37.89   41.50   :23.39					2:42.78
5	053183223	DAVILA SILVA ALEJANDRO	1992	CNMOS		10,0	
		50 38.64   100 1:19.67   200 2:43.32   38.64   41.03   :23.65					2:43.32
6	047389951	RODRIGUEZ RIAL PABLO	1996	CDELMAR		9,0	
		50 36.57   100 1:18.86   200 2:44.80   36.57   42.29   :25.94					2:44.80
7	991121222	MONTERO CASTIÑEIRA JOSE MANUEL	1992	ALBATRO		8,0	
		50 38.43   100 1:14.99   200 2:46.58   38.43   36.56   :31.59					2:46.58
8	045861480	TORREIRO ALVAREZ MARCOS	1993	ARZUA		7,0	
		50 41.12   100 1:24.78   200 2:51.25   41.12   43.66   :26.47					2:51.25
9	079340139	BOUZA BERNARDEZ PABLO	1993	ALBATRO		6,0	
		50 38.89   100 1:31.67   200 2:52.02   38.89   52.78   :20.35					2:52.02
10	035477145	ALCALDE BERMUDEZ XOAN	1994	CNVILAG		5,0	
		50 34.13   100 1:22.45   200 2:53.73   34.13   48.32   :31.28					2:53.73
11	034272373	OTERO REY ADRIAN	1993	MOLEMOS		4,0	
		50 37.92   100 1:21.92   200 2:55.74   37.92   44.00   :33.82					2:55.74
12	053818786	GUIRADO RODRIGUEZ YAGO	1994	CNMOS		3,0	
		50 47.07   100 1:41.72   200 3:28.13   47.07   54.65   :46.41					3:28.13
	034275351	CORTIÑAS GONZALEZ DAVID	1994	MOLEMOS		0,0	DES

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**
**41 - 400 ESTILOS FEMENINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	044088130	<b>GARCIA MARIN CRISTINA</b>	1990	CNVILAG		17,0	
		50 32.56   100 1:11.38   200 2:37.80   300 5:27.50   400 5:27.50					5:27.50
		32.56   38.82   :37.80   :27.50					
2	077011915	<b>MORGADAS IGLESIAS ANA CRISTINA</b>	1994	CNMOS		14,0	
		50 35.16   100 1:18.13   200 2:47.82   300 4:46.10   400 6:04.82					6:04.82
		35.16   42.97   :47.82   :46.10   :18.72					
3	048116254	<b>HERNAEZ RICOR ANDREA</b>	1996	CDELMAR		12,0	
		50 38.29   100 1:26.36   200 2:38.42   300 4:47.70   400 6:09.16					6:09.16
		38.29   48.07   :38.42   :47.70   :21.46					
4	991122236	<b>SENIN GARCIA ALICIA</b>	1997	ARZUA		11,0	
		50 42.67   100 1:33.30   200 3:10.36   300 4:49.58   400 6:10.08					6:10.08
		42.67   50.63   :10.36   :49.58   :20.50					
5	047374190	<b>GOMEZ TEIJO SILVIA</b>	1994	CDELMAR		10,0	
		50 43.60   100 1:36.23   200 3:11.75   300 5:05.39   400 6:26.81					6:26.81
		43.60   52.63   :11.75   :05.39   :21.42					
6	035490458	<b>FALKENHAIN LOPEZ TANIA</b>	1993	CNVILAG		9,0	
		50 41.60   100 1:33.00   200 3:23.57   300 5:19.26   400 6:58.02					6:58.02
		41.60   51.40   :23.57   :19.26   :38.76					
7	076584616	<b>CARBON PRADO PATRICIA</b>	1996	MOLEMOS		8,0	
		50 44.39   100 1:37.26   200 3:26.00   300 5:25.02   400 7:00.45					7:00.45
		44.39   52.87   :26.00   :25.02   :35.43					
	991120802	<b>VILLAR PAZ ANDREA</b>	1995	ARZUA		0,0	DES
	991120433	<b>ALONSO BARCIELA PAULA</b>	1997	CNMOS		0,0	DES

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**  
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**MONFORTE**  
**06/01/2010**
**42 - 400 ESTILOS MASCULINO**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	991120663	MARTINEZ CASTRO PEDRO	1993	ARZUA		17,0	
		50 30.02   100 1:05.82   200 2:22.80   300 3:48.36   400 4:56.04					4:56.04
		30.02   35.80   :22.80   :48.36   :07.68					
2	077411157	TENORIO FREIRE MARTIN	1992	CNVILAG		14,0	
		50 30.26   100 1:07.51   200 2:29.08   300 3:57.83   400 5:10.75					5:10.75
		30.26   37.25   :29.08   :57.83   :12.92					
3	034273655	RODRIGUEZ CASTAÑO JUAN JOSE	1995	MOLEMOS		12,0	
		50 31.73   100 1:08.67   200 2:31.60   300 4:00.39   400 5:25.16					5:25.16
		31.73   36.94   :31.60   :00.39   :24.77					
4	077464431	MARTINEZ SERRAPIO ANXO	1995	CNVILAG		11,0	
		50 31.86   100 1:14.60   200 2:39.83   300 4:16.32   400 5:30.23					5:30.23
		31.86   42.74   :39.83   :16.32   :13.91					
5	047402526	CASTRO VILLAR DAVID	1991	CDELMAR		10,0	
		50 35.18   100 1:19.73   200 2:45.12   300 4:00.39   400 5:46.88					5:46.88
		35.18   44.55   :45.12   :45.12   :01.76					
6	035578405	GARCIA GONZALEZ CARLOS	1996	CNMOS		9,0	
		50 37.54   100 1:25.92   200 3:02.09   300 4:50.26   400 6:20.26					6:20.26
		37.54   48.38   :02.09   :50.26   :30.00					
7	047404803	LAMAS RODRIGUEZ JOSE	1995	CDELMAR		8,0	
		50 38.07   100 1:26.51   200 3:10.82   300 4:50.82   400 6:24.13					6:24.13
		38.07   48.44   :10.82   :50.82   :33.31					
	035471514	SANTIAGO POZA CESAR	1978	CNSALNES		0,0	
							BAJ
	034719061	SOUTO BERGONDO DIEGO	1996	ALBATRO		0,0	
							BAJ
	053308192	CASTIÑEIRA FIGUEROA ALBERTO	1996	ALBATRO		0,0	
							BAJ
	035489526	FERNANDEZ VAZQUEZ DIEGO	1993	CNSALNES		0,0	
							BAJ

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
1	00282	<b>CDELMAR A</b>	CDELMAR		34,0	5:09.02
		1 GALLARDO DE ARTAZA MARIA	1995	50' 30.95   100' 1:15.26 30.95   44.31		
		2 VEIGA SOUTO MARIA	1996	200' 3:45.31 3:45.3		
		3 ZAS VAZQUEZ ALICIA	1993	300' 4:00.70 4:00.7		
		4 GONZALEZ EIROA IRENE	1997	400' 5:09.02 1:08.3		
2	P1107	<b>CLUB NATACION VILAGARCIA SOC B</b>	CNVILAG		28,0	5:18.32
		1 VIEITEZ PORTO MYRIAM	1988	50' 35.36   100' 1:36.29 35.36   1:00.9		
		2 MEDA HERBOJO SUSANA	1995	200' 2:54.64 2:54.6		
		3 GARCIA MARIN CRISTINA	1990	300' 4:08.38 4:08.3		
		4 GONZALEZ TARRIO SILVIA	1990	400' 5:18.32 1:09.9		
3	P1112	<b>ARZUA A</b>	ARZUA		24,0	5:21.98
		1 SOUTO ALONSO LARA	1997	50' 38.16   100' 1:19.19 38.16   41.03		
		2 COTON VAZQUEZ DIANA	1995	200' 2:52.02 2:52.0		
		3 VAZQUEZ GARCIA ADELA	1993	300' 4:09.76 4:09.7		
		4 VILLAR PAZ ANTIA	1996	400' 5:21.98 1:12.2		
4	00282	<b>CDELMAR B</b>	CDELMAR		22,0	5:40.57
		1 GOMEZ TEIJO SILVIA	1994	50' 41.42   100' 1:25.20 41.42   43.78		
		2 ROBLES VIQUEIRA IRIA	1996	200' 2:58.32 2:58.3		
		3 HERNAEZ RICOR ANDREA	1996	300' 4:28.07 4:28.0		
		4 ABAD ROSILLO MELANI	1992	400' 5:40.57 1:12.5		
5	P1108	<b>CNMOS A</b>	CNMOS		20,0	5:52.20
		1 SILVEIRA LOUREIRO MARIA	1995	50' 40.00   100' 1:28.38 40.00   48.38		
		2 JORGE BASTOS MARIA	1996	200' 3:03.74 3:03.7		
		3 MORGADAS IGLESIAS ANA CRISTINA	1994	300' 4:23.04 4:23.0		
		4 RODRIGUEZ BARCIELA LUCIA	1994	400' 5:52.20 1:29.1		

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

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**FEDERACIÓN  
GALEGA DE  
NATAción**

**XUNTA DE GALICIA**

PRESIDENCIA

Secretaría Xeral para o Deporte

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
6	P1112	<b>ARZUA B</b>	ARZUA		18,0	5:54.80
		1 SENIN MOURIÑO ANTIA	1997	50 40.45   100 1:23.25 40.45   42.80		
		2 SENIN GARCIA ALICIA	1997	200 3:57.50 3:57.5		
		3 VILLAR PAZ ANTIA	1996	300 4:31.20 4:31.2		
		4 VEIGA NIETO LIDIA	1997	400 5:54.80 1:23.6		
7	00837	<b>CNMONFORTE</b>	MOLEMOS		16,0	6:01.11
		1 GONZALEZ LUACES TAMARA	1997	50 43.11   100 1:29.80 43.11   46.69		
		2 PEREZ MANOLINI ANAHI	1993	200 3:05.11 3:05.1		
		3 CARBON PRADO PATRICIA	1996	300 4:46.04 4:46.0		
		4 CASAR COCHETEUX CLARA	1994	400 6:01.11 1:15.0		
8	00719	<b>CNALBATROS</b>	ALBATRO		14,0	6:18.32
		1 JANUARIO QUIZA CATARINA	1997	50 45.13   100 1:35.45 45.13   50.32		
		2 FRANCO GACIO ANAHIR	1997	200 3:19.07 3:19.0		
		3 VAZQUEZ IGLESIAS ISABEL	1997	300 4:58.42 4:58.4		
		4 PARDO PIÑON MARTA	1995	400 6:18.32 1:19.9		
9	P1107	<b>CLUB NATACION VILAGARCIA SOC A</b>	CNVILAG		12,0	6:37.48
		1 OZORES GAGO CARMEN	1997	50 45.10   100 1:36.54 45.10   51.44		
		2 LOPEZ PIÑEIRO CARLA	1996	200 3:37.51 3:37.5		
		3 FALKENHAIN LOPEZ TANIA	1993	300 5:10.59 5:10.5		
		4 CRESPO DOMINGUEZ SABELA	1996	400 6:37.48 1:26.8		
10	P1108	<b>CNMOS B</b>	CNMOS		10,0	7:12.22
		1 SOLIÑO CASTRO SELENE	1996	50 52.22   100 1:50.06 52.22   57.84		
		2 CAMPO GOMEZ CINTIA	1994	200 3:39.71 3:39.7		
		3 ALONSO BARCIELA PAULA	1997	300 5:39.60 5:39.6		
		4 RODRIGUEZ BARCIELA MARTA	1997	400 7:12.22 1:32.6		

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
1	P1107	<b>CLUB NATACION VILAGARCIA SOC A</b>	CNVILAG		34,0	4:39.82
		1 REVILLA NEBREDAS DAVID	1994	50' 37.92   100' 1:17.23 37.92   39.31		
		2 TENORIO FREIRE MARTIN	1992	200' 2:33.64 2:33.6		
		3 ABAL MOURIÑO DIEGO	1991	300' 3:36.54 3:36.5		
		4 VIEITEZ PORTO ISMAEL	1992	400' 4:39.82 1:03.2		
2	P1104	<b>CNSALNES</b>	CNSALNES		28,0	4:48.70
		1 PARADA PEREZ ADRIAN	1993	50' 36.64   100' 1:14.57 36.64   37.93		
		2 TRIGO CASTRO CARLOS	1993	200' 2:28.42 2:28.4		
		3 DOMINGUEZ PEREZ LUIS	1994	300' 3:36.45 3:36.4		
		4 NIETO DIOS MIGUEL	1995	400' 4:48.70 1:12.2		
3	P1107	<b>CNVILAGARCIA B</b>	CNVILAG		24,0	4:49.07
		1 ALCALDE BERMUDEZ XOAN	1994	50' 38.54   100' 1:31.02 38.54   52.48		
		2 FALKENHAIN LOPEZ DANIEL	1991	200' 2:39.89 2:39.8		
		3 MARTINEZ SERRAPIO ANXO	1995	300' 3:49.45 3:49.4		
		4 VAZQUEZ-LESCAILLE LOPES M.	1991	400' 4:49.07 59.62		
4	P1112	<b>ARZUA A</b>	ARZUA		22,0	4:50.01
		1 TORREIRO ALVAREZ MARCOS	1993	50' 40.50   100' 1:26.14 40.50   45.64		
		2 REY RODRIGUEZ JOSE RAMON	1994	200' 2:36.60 2:36.6		
		3 MARTINEZ CASTRO PEDRO	1993	300' 2:36.60 2:36.6		
		4 VAZQUEZ GARCIA MARTIN	1995	400' 4:50.01 2:13.4		
5	00282	<b>CDELMAR A</b>	CDELMAR		20,0	4:55.89
		1 CASTRO VILLAR DAVID	1991	50' 36.39   100' 1:14.89 36.39   38.50		
		2 GARCIA MERA RODRIGO	1992	200' 2:44.54 2:44.5		
		3 BOCELO BELLAS PABLO	1993	300' 3:58.89 3:58.8		
		4 CACERES LOPEZ IVAN	1987	400' 4:55.89 57.00		

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**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**MONFORTE**
**06/01/2010**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
6	00719	<b>CNALBATROS</b>	ALBATRO		18,0	4:57.70
		1 MONTERO CASTIÑEIRA JOSE MANUEL	1992	50 36.51   100 1:15.60 36.51   39.09		
		2 LOROÑO GARCIA AUGUSTO	1991	200 2:35.60 2:35.6		
		3 SANCHEZ DOMINGUEZ FRANCISCO	1991	300 3:49.26 3:49.2		
		4 BOUZA BERNARDEZ PABLO	1993	400 4:57.70 1:08.4		
7	00837	<b>CNMONFORTE A</b>	MOLEMOS		16,0	5:07.02
		1 OTERO REY ADRIAN	1993	50 37.89   100 1:17.42 37.89   39.53		
		2 GARCIA TEJERO MARCO ANTONIO	1995	200 2:44.84 2:44.8		
		3 RODRIGUEZ CASTAÑO JUAN JOSE	1995	300 3:35.04 3:35.0		
		4 LOPEZ FREAN RUBEN	1993	400 5:07.02 1:31.9		
8	P1108	<b>CNMOS</b>	CNMOS		14,0	5:26.07
		1 DAVILA SILVA ALEJANDRO	1992	50 37.61   100 1:16.89 37.61   39.28		
		2 GUIRADO RODRIGUEZ YAGO	1994	200 2:53.08 2:53.0		
		3 GARCIA GONZALEZ CARLOS	1996	300 4:18.39 4:18.3		
		4 RODRIGUEZ DEL RIO ADRIAN	1996	400 5:26.07 1:07.6		
9	00282	<b>CDELMAR B</b>	CDELMAR		12,0	5:27.89
		1 RODRIGUEZ RIAL PABLO	1996	50 37.86   100 1:19.98 37.86   42.12		
		2 HERVADA PRESEDO PABLO	1996	200 2:57.92 2:57.9		
		3 LAMAS RODRIGUEZ JOSE	1995	300 4:19.46 4:19.4		
		4 LAMAS RODRIGUEZ MARIO	1995	400 5:27.89 1:08.4		
10	00837	<b>CNMONFORTE B</b>	MOLEMOS		10,0	5:57.80
		1 CORTIÑAS GONZALEZ DAVID	1994	50 38.36   100 1:22.00 38.36   43.64		
		2 RODRIGUEZ ESTEVEZ SANTIAGO	1996	200 3:07.13 3:07.1		
		3 VILA PULIDO ROI	1991	300 4:40.36 4:40.3		
		4 FROUFE LAGOA LUCAS	1995	400 5:57.80 1:17.4		

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**COPA CLUBES DIV3 PROG C, 06 DE FEBREIRO DE 2010****MONFORTE**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**ABSO**

Rank.	Club	Pts.
1	CLUB DEL MAR SAN AMARO	392,0
2	CLUB NATACION VILAGARCIA SOCIEDAD DEPORTIVA	391,0
3	CLUB NATACION ARZUA	317,0
4	CLUB NATACION MOS	195,5
5	CLUB NATACION MONFORTE DE LEMOS	181,0
6	CLUB NATACION ALBATROS	166,5
7	CLUB NATACION SALNES	139,0